

chlamydia screening programme

FOR MEN AND WOMEN UNDER 25

how to take the test

BY POSTING BACK A URINE SAMPLE

Please read this leaflet carefully before giving a urine sample.

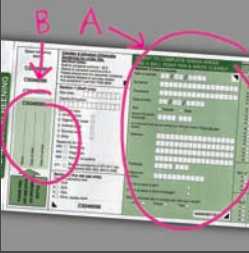
Please wash and dry your hands before and after giving the sample. If you have passed urine (had a pee) in the past two hours, do not give a urine sample now. For advice, phone the helpline on 020 7530 3525.

SEE OVERLEAF FOR INSTRUCTIONS

how to take the test

BY POSTING BACK A URINE SAMPLE

1



Firstly, fill in the green area on the request form (A). Then fill in the green peel-off sticker (B). Peel off the sticker (B) and attach it to the specimen pot. If it has been over two hours since you have had a pee, you are ready to give a sample.

2



It is important that the sample is taken from the first part of the pee, so pee directly into the specimen pot until it is just over half-full. Finish peeing into the toilet. Screw the cap back on tightly. Make sure that the green sticker (with your name and date of birth) is on the pot.

3



Place the specimen pot into the moulded plastic container provided and close it firmly. Place the container and your completed request form into the green-and-white striped plastic envelope and seal it. Please post it on the same day that you give the urine sample. No stamp is required.

results

The chlamydia screening office will have your results in two weeks. They will be sent to you by whichever method you have chosen on the form. If you haven't heard from us after two weeks, please call us on the number below.

If the test shows that you have chlamydia, we will help you to get free treatment. Chlamydia is easily treated with antibiotics.

If you have any questions, please phone the helpline on:

(020) 7530 3625/3630